

# \ COFFEE & TEA



<b>ESPRESSO</b>		£2.80
<b>LONG BLACK</b>		£2.80
<b>MACCHIATO</b>		£2.80
<b>RISTRETTO</b>		£2.80
<b>PICCOLO</b>		£2.90
<b>FLAT WHITE</b>		£3.20
<b>CAPPUCCINO</b>	£3.00	£3.20
<b>LATTE</b>	£3.00	£3.20
<b>AMERICANO</b>	£2.90	£3.10
<b>MOCHA</b>	£3.10	£3.30
<b>HOT CHOCOLATE</b>	£3.00	£3.20
<b>BREWED COFFEE</b>		£3.80
<b>COLD BREW</b>		£3.90
<b>ICE COFFEE</b>		£3.70
<b>SPLIT SHOT</b>		£3.90
<b>TEA</b>		£3.20
<b>HERBAL TEA</b>		£3.30
<b>CHINESE FULL LEAF TEA</b>		£3.70

# \ BREAKFAST

## PROPER PORRIDGE

Creamy porridge with fresh blueberries, raspberries, pistachio crumb & honey

£4.80

## POWER PORRIDGE

Creamy sweet coconut milk, layered with fresh kiwi, blueberries, raspberries, chia seeds & shredded coconut

£6.80

## BIRCHER MUESLI

Overnight oats, grated apple, sultanas, Greek yoghurt, topped with blueberries & mixed seeds

£4.80

## GRANOLA POT

Our own granola served with creamy greek yoghurt and homemade compote

£4.80

## TOASTED SOURDOUGH

With your choice of butter, honey, jam or Marmite

£3.80

## FRUIT TOAST

With butter, jam or honey

£3.80

## SPRINGS BACON SARNIE

With bacon & our favourite tomato & sweet chilli chutney

£4.80

## SAUSAGE SARNIE

Cumberland sausage with caramelised onion chutney on a warm ciabatta

£5.90

## BACON/EGG MUFFIN

Crispy bacon, egg omelette & tomato relish served on a soft toasted muffin

£4.90

## MUSHROOM/SPINACH & EGG MUFFIN

Grilled mushrooms, spinach, egg omelette (optional) & tomato relish served on a soft toasted muffin

£4.90

## SPRING VEGGIE BREAKFAST

With halloumi, portabello mushroom, roasted tomato, eggs & avocado served with sourdough toast

£10.95

## SPRING BREAKFAST

Ultimate English breakfast with crispy smoked bacon, Cumberland sausage, portobello mushroom, roasted tomatoes & eggs, served with sourdough toast

£10.95

# V BRUNCH

## POSH MUFFIN

Avocado, egg omelette, smoked salmon topped with watercress & crème fraiche, served on a toasted muffin

£11.50

## PANCAKES

With a choice of

- Bacon & maple syrup
- Banana & Nutella
- Greek yoghurt & fruit compote

£8.75

## EGGS ON TOAST

Poached or scrambled egg on sourdough toast

£6.00

## FRENCH TOAST

Sweet brioche bread coated in cinnamon sugar, topped with creamy Greek yoghurt, sweet fruit compote & pistachio

£8.75

## AVOCADO TOAST

Smashed avocado with sweet cherry tomatoes layered on sourdough toast

£8.25

## EGGS BENEDICT

Ham, poached eggs & hollandaise sauce served on an English muffin

£9.00

## EGGS FLORENTINE

Wilted spinach, mushroom, poached eggs topped with hollandaise, served on an English muffin

£9.00

## EGGS AVO

Sliced avocado, poached eggs with hollandaise served on a toasted muffin

£9.00

• RIGHTEOUS & TRUE SINCE 2006 •

SPRING

ESPRESSO

SPIN AND ROLL

# \ LUNCH

## SHAKSHUKA

spicy tomato and pepper sauce, 2 poached eggs creamy feta cheese served with sourdough toast

£8.75

## YORKSHIRE RAREBIT

With gooey melted cheese mix on sourdough with Hendersons Relish

£8.25

## CROQUE MONSIEUR

2 slices of soft sourdough with ham & melted cheese dressed with creamy béchamel

£9.00

## HUMOUS EGGS

Poached eggs with beetroot humous, roasted mushroom, spinach, sweet cherry tomato on sourdough

£9.00

## GOATS CHEESE & PEAR

Warm goats cheese, poached pear & beetroot humous served on a warm ciabatta

£9.00

## HALLOUMI & HUMOUS

Grilled halloumi, beetroot humous & rocket served on warm sourdough

£9.00

## BACON, BRIE & CRANBERRY

Bacon, melted brie & cranberry sauce served on sourdough

£8.75

## MOZZARELLA, PESTO & TOMATO

Mozzarella, tomato & pesto served on warm ciabatta with fresh rocket

£8.25

# \ SIDES

HALLOUMI

£3.50

BACON

£2.70

AVOCADO (half)

£2.70

EGGS

£2.50

MUSHROOM

£2.50

CHORIZO

£3.50

SAUSAGE (one)

£1.70

SOURDOUGH TOAST

£1.80

GLUTEN-FREE TOAST

£1.80



## **\ COLD DRINKS**

<b>FROBISHERS APPLE JUICE</b>	<b>£3.10</b>
<b>FROBISHER ORANGE JUICE</b>	<b>£3.10</b>
<b>DIET COKE</b>	<b>£2.70</b>
<b>COKE</b>	<b>£2.70</b>
<b>ORANGE SAN PELLEGRINO</b>	<b>£2.70</b>
<b>LEMON SAN PELLEGRINO</b>	<b>£2.70</b>
<b>GINGER BEER</b>	<b>£3.10</b>
<b>HARROGATE SPA STILL WATER</b>	<b>£2.50</b>
<b>HARROGATE SPA SPARKLING WATER</b>	<b>£2.50</b>